INTRODUCTION

The sustainability concept refers to the physical preservation of human societies and their cultures, institutions, social orders and regimes. Behavioural, cultural psychological and institutional factors influenced how individuals understand and implement their economic and environmental businesses and the need for sustainable goals and practices [1]. According to the European Commission, “Sustainable development means meeting the needs of the present while ensuring future generations can meet their own needs” [2]. Sustainability is no longer a concern of environmentalists and ecologists and has become a concern of individuals. Sustainability defines, in fundamental ways, the communities in which we live and is the source of renewable and non-renewable resources on which civilisation depends. Health and well-being, economy, and social life and safety, all require a high-quality environment [3]. Sustainable development

ICT new tools for a sustainable textile and clothing industry

Sustainability in the textile and clothing industry is seen as a subject of the major producers, with many brands divulging their concern about protecting people and the environment and adopting an environmental friendly communication approach. For companies in the textile and clothing sector (especially SMEs), the circular economy provides an opportunity to create new profit streams, increase their resilience to volatile input costs, and support their efforts to become completely sustainable and socially responsible.

EU textile and clothing industry needs a flexible workforce that can respond to the development and to the globalised market and the need for sustainable design and manufacturing in order to respond to the global demand for sustainable creative products. In this frame, it is important to have suitable tools to train the employees, to prepare them to deal with these new challenges, to enhance their knowledge, and to develop new skills and competencies for this new type of business. This paper introduces a new training toolkit, which will contribute to the training process of the personnel involved in the textile and clothing industry. This toolkit contains e-learning courses in six European languages, mainly various sources (books, video) and activities (quizzes and forums), which are uploaded and available on the Udemy platform.

Keywords: sustainability expert, sustainable management, environmental performance, corporate social responsibility, circular economy

ABSTRACT – REZUMAT

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Sustenabilitatea în industria textilă și de îmbrăcămintă este percepută ca o preocupare a marilor producători, multe mărci dezvăluind îngrijorarea lor cu privire la protejarea populației și a mediului și adoptarea unei abordări de comunicare ecologică. Pentru companiile din sectorul textile și îmbrăcămintă (în special IMM-urile), economia circulară oferă o oportunitate de a crea noi fluxuri de profit, de a-și spori rezistența la costurile volatile și de a-și sprijini eforturile de a deveni complet sustenabile și responsabile social.

Industria textilă și de îmbrăcămintă europeană are nevoie de o forță de muncă flexibilă care să poată răspunde dezvoltării și pieței globalizate și nevoi de proiectare și fabricație durabile, pentru a consolida cunoștințele și pentru a dezvolta noi abilități și competențe pentru acest nou tip de afaceri. Această lucrare introduce un nou set de instrumente de formare, care vor contribui la procesul de instruire a personalului implicat în industria textilă și de îmbrăcămintă. Acest set de instrumente conține cursuri de e-learning în șase limbi europene, în principal diverse surse (cărți, videoclipuri) și activități (teste și forumuri), care sunt disponibile pe platforma Udemy.

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has evolved as a concept through several decades of profound international scientific debate, and it has acquired distinct political connotations in the context of globalisation. The concept of sustainability consists of three pillars: economic, environmental, and social—also known informally as profits, planet, and people (figure 1) [4].

The textile and clothing industry is a part of the European manufacturing industry which has to become sustainable, too. This is a diverse and heterogeneous industry covering numerous activities. In 2019, the entire EU-27 T&C industry represented a turnover of €162 billion and 160,000 companies, mainly SMEs [5–6].

The textile industry is, after oil, the second most polluting industry in the world. Many companies have understood the concept of “fast fashion” as a continuous production of clothing items and of control [7]. Ecological and social problems strongly affect the T&C market. The three main concerns are production ecology, human ecology and waste disposal [8]. In this context, the textile industry is committed to change its vision, to start on producing eco-friendly textiles and sustainable in order to face global competition [9].

Companies and consumers are more concerned about sustainability nowadays. The clothing industry is receiving more attention due to mass production and its significant impact on the planet. Fashion brands are introducing sustainable lines and circular economies in their business model to reduce their energy consumption, advocating for environmental protection and other activities [10].

The European Commission recently published the report “Mapping sustainable fashion opportunities for SMEs” which emphasises that the transformation of companies towards more sustainable and resource-efficient business models not only helps to protect the environment, but also provides a competitive advantage by creating important cost savings and boosting innovation for sustainability [11].

Also, the European Commission patronized different initiatives and projects in the field of sustainability, to help textile companies (SME’s) and countries to reach new opportunities for their business (table 1).

In the Paris’ Agreement [11] there are mentioned some key points to sustain SME’s for adopting sustainable/circular business models, such as:

- **economic instruments** through tax incentives, grants and subsidies for sustainable initiatives,
carbon taxes and penalties for non-sustainable operations, appropriate finance and grants, including repayable finance and patient capital;

• **information flows** through improving textiles collection and recycling statistics and reporting, creating knowledge and resource sharing platforms and connecting networks, sustainable businesses with suppliers, markets and funding opportunities, education for sustainability and public information campaigns;

• **regulatory instruments/policy** through creating clear end-of-waste criteria for textiles to facilitate upcycling of waste, mandatory EPR Schemes and harmonising regulations across EU and removing administrative barriers;

• **technological developments** through access to design and manufacturing tools, information on and access to emerging R&D e.g into recycling;

• **collaboration and mentoring schemes** through the enhanced cooperation of small and large players, alignment of values across the supply chain and dedicated mentoring for fashion start-ups.

These goals can be reached with a trained employee, who must have up-to-date skills and knowledge to be able to create sustainable products which have to meet the global market demands. It is rather challenging to take the employees from their workplace and to enrol them into a full training programme. It is also a known fact, that if the theory is combined with practice, the trainee’s level of understanding increases, he becomes more confident and willing to learn and to apply what he was taught to.

At European level, several projects were or are focused to define the necessary and needed job profiles, and new qualifications, and adequate curricula were designed for these in order to train employees. The required curricula for bringing up-to-date or acquiring knowledge and skills is uploaded on different online educational platforms. In this and way, the learner has the possibility to personalise his training path, to select and combine which courses/module he needs to study, to establish his goals and methods for reaching them.

In table 2 there are listed some European projects, in which it was or will be described and defined new jobs and/or qualifications, required nowadays and in the near future in the field of textile and clothing industry, and in which was developed the corresponding curricula for training the learners.

**METHODOLOGY FOR DESIGNING THE PROFILE OF “SUSTAINABILITY EXPERT”**

For the textile and clothing sector companies (especially SMEs), the circular economy provides an opportunity to create new profit streams, increases their resilience to volatile input costs, and supports
### PROJECTS FOCUS ON NEW UPDATED PROFILES [12–14]

<table>
<thead>
<tr>
<th>Project title</th>
<th>Partners</th>
<th>Funder/s</th>
<th>Duration</th>
<th>Project link</th>
<th>Summary of main focus/aims</th>
</tr>
</thead>
<tbody>
<tr>
<td>Skills4Smart TCLF Industries 2030</td>
<td>Euratex, European Confederation of the Footwear Industry (CEC), COTANCE, CIAPE, CITEVE, Centrul National de Dezvoltare a Invatamantului Profesional si Tehnic (CNDIPT), TRAINING CENTRE FOR THE BELGIAN TEXTILE INDUSTRY-COBOT, CTCP – Centro Tecnológico do Calçado de Portugal, Hellenic Management Association, Fundación Estatal para la Formación en el Empleo, IVOC, INESCOP, UNITEX, PIN – SERVIZI DIDATTICI E SCIENTIFICI PER L’UNIVERSITÀ DI FIRENZE, POLITECNICO CALZATURIERO, SPIN360, Universitatea Tehnica Gheorghe Asachi din Iasi (TUIASI), Lodz University of Technology (TUL), Universitat Politècnica de Catalunya, PIRIN-TEX EOOD, Universitat de Lleida, VIRTUAL CAMPUS</td>
<td>Erasmus+</td>
<td>2018-2021</td>
<td><a href="http://www.s4tclfblueprint.eu/">http://www.s4tclfblueprint.eu/</a></td>
<td>Enhance the modernisation and competitiveness of the EU Textile, Clothing, Leather, and Footwear (TCLF) sectors through the development of a sustainable upskilling and reskilling strategy, which is supported by a communication campaign to attract social, economic and political actors. Identification of 8 new TCLF job profiles – and corresponding curricula (EQF and ECVET based) in line with the sector changing needs in short to longer-term. Design of 8 new courses including MOOCs/VOOCs or MOOCs (part online/in school) or serious games or similar tools.</td>
</tr>
<tr>
<td>Circular Economy Innovative Skills in the Textile Sector – ECOTEX</td>
<td>Confederación de la Industria Textil – TEXFOR, CITEVE, Hellenic Fashion Industry Association (SEPEE), Riga Technical University (RTU), “Gheorghe Asachi” Technical University of Iasi (TUIASI)</td>
<td>Erasmus+</td>
<td>2017-2020</td>
<td><a href="http://www.ecotexerasmus.eu/en/">http://www.ecotexerasmus.eu/en/</a></td>
<td>Design and implementation of an innovative and comprehensive training toolkit. The platform will focus on online training and will facilitate the dissemination of knowledge and sharing of experience. Moreover, it will serve as a medium for all stakeholders in the field to share concerns and advice, as well as promote employment opportunities. Define a professional profile for “Sustainability expert”.</td>
</tr>
<tr>
<td>Innovative design practices for achieving a new textile circular sector-Design4Circle</td>
<td>Riga Technical University (RTU), “Gheorghe Asachi” Technical University of Iasi (TUIASI), ECORES SRLP, Innovative Business Association of Furniture Manufacturers and related in the Murica Region (Amuebla), Footwear Technology Centre of Portugal (CTCP), Textile Trade Association – Textile Cluster (TTA-TC)</td>
<td>Erasmus+</td>
<td>2018-2020</td>
<td><a href="https://design4circle.eu/">https://design4circle.eu/</a></td>
<td>Design4Circle aims to cover the skill gaps in the eco-innovation of European Designers in textile and fashion products. Design4Circle will allow designers from the textile sector sectors to reduce environmental impact during the products life-cycle, and develop new and innovative businesses within the principles of the circular economy.</td>
</tr>
<tr>
<td>Clothing Technician Profile Update via Education – CosTUmE</td>
<td>CITEVE, MODATEX, ATP, INOVA+, AITEX, ASECOM, INCDTP, ASTRICO NE</td>
<td>Erasmus+</td>
<td>2018-2020</td>
<td><a href="http://clothingtechnician.eu/">http://clothingtechnician.eu/</a></td>
<td>Create a new and attractive Clothing Technician profile and qualification recognised in EU (PT, ES, RO) and to mobilise young people and adults in their professional qualification in the VET system, through the acquisition of necessary skills for textile and clothing industry, by the strong connection to fashion, technical textiles, home textiles, sustainability, the introduction of new materials and industry 4.0.</td>
</tr>
</tbody>
</table>
their efforts to become completely sustainable and socially responsible.

Skilled and well-qualified workers can play a critical role in addressing these barriers and creating opportunities to guide the shift to circularity. Indeed, the Textile Sector requires a more qualified workforce to deal with new technologies, stimulate innovation, ensure quality management and develop international strategies and marketing. Therefore, the availability of adequately skilled workers has become one of the major issues for the Textile industry as the majority of the companies still face the shortage of trained and qualified personnel in green and circular economy techniques, in both design and manufacturing. In this framework, the project ECO TEX has as its main objective the development, design and implementation of an innovative and comprehensive training protocol, a work-based training ICT tool for the Textile Industry. This methodology is the result of joint work carried out under partnership. The methodology is characterised by the realisation of Textile Industry’s needs for new education and training systems and tools for their existing and potential workforce in order to meet the demands and requirements of the market, for new designed sustainable products and circular economy guidelines performance.

To reach its goal, to define a new job qualification which will try to cover the gaps between the new business requirements and professional level of the workers, the project methodology was:

• Researching on anticipating skills based on evidence;
• Designing and defining the professional qualification profile of “Sustainability Expert” for textile and clothing sector;
• Development of a training toolkit able to cope with the identified training needs, according to European Common Framework on Vocation, Educational Training (ECVET);
• Development of innovative training units and e-learning courses;
• Development of a digital training platform as an innovative open distance – learning ICT tool and test the results.

The methodology used to anticipate the needed skills of a Sustainability Expert in the textiles and clothing sector was based on desk research employing qualitative methods by using a questionnaire with 5 sections:

• Section 1: General information about the company (company size; product/service and location);
• Section 2: Information about the concept of sustainability – starting from the definition of Sustainability of the World Commission on Environment and Development;
• Section 3: Information on if companies consider the sustainability concept in their business strategy;
• Section 4: Why is sustainability important for companies;
• Section 5: What skills the Sustainability Experts should have – rank the importance of skills and competencies of the Sustainability Expert.

This questionnaire was applied in textile and clothing companies of the partner countries: Spain, Greece, Romania, Latvia and Portugal. All answers were analysed and interpreted, and the conclusions were used to design the training curricula needed for this new profile qualification.

In section 2, the respondents rank the importance of the followed syntheses:
– Environmental protection;
– Corporate Social Responsibility;
– Business Development;
– Health-Safety and Working Conditions;
– Minimization of resources consumption/zero emissions/circular economy.

By interpreting all data collected, the conclusions are: Health-Safety and Working Conditions are extremely important for the sustainability concept (over 60%), Environmental Protection (over 50%) and Business Development (over 40%) (figure 2).

Section 3 refers to the sustainability concept in the business: 95% of the companies consider sustainability in their business strategy. The respondents expressed their opinion regarding the existence of a sustainability officer: 53% of the interviewed companies answered positively, and 47% of the companies do not agree with such a position. They said that in this position the persons who are in charge of sustainability are either: R&D Project Manager, HR Manager, General Manager, HR/CSR Manager, CSR and Quality Coordinator.

Depending on the type of the company and their production, most of the companies are certified to one or more than one management systems/guidance. The most recurrent management systems/guidance used by companies is ISO 9001; 52.6% of companies use the international standard that specifies requirements
for a quality management system. The companies use the standard to demonstrate the ability to provide products and services that meet customer and regulatory obligations (figure 3). Also, 73% of the respondent companies consider that having a certified management system is essential and needed for achieving sustainable development in their business.

Mainly, 21% of companies are STeP by OEKO-TEX® (Sustainable Textile Production) certified, which is related to sustainability management in textile production. Other companies (10.5%) are certified SA 8000 (Social Accountability 8000), 7.8% are certified according to OHSAS 18000 – Occupational Health and Safety Assessment Series. The standard ISO 45001 substitutes the OHSAS 18001 standard.

Mainly, 73% of the respondent companies consider that having a certified management system is essential and needed for achieving sustainable development in their business.

In Section 4, the respondents have to appreciate the importance of the sustainability concept. The conclusions are: 60.5% of companies consider that sustainability is extremely important in order to Bring value to the environment and society; 55.3% consider that sustainability is extremely important for the Efficiency in resources consumption and 52.6% mention the Cost reduction. Only 34.2% deem that sustainability is essential for Brand Recognition (figure 4).

In section 5, respondents are asked to list the competencies and skills considered fundamental for the sustainable expert profile (figure 5).

So, 68.4% of companies consider that the sustainable expert should have competencies and skills in Sustainability (environmental, social and economic) Analysis and Management as extremely important.
52.6% of companies also mention Corporate social responsibility; 42.1% of companies consider Environmental legislation; Health & Safety Legislation and Industrial Sustainability as important and 39.5% of companies rate Energy management as extremely important. 50% of companies consider having skills in Carbon footprint as essential; 44.7% in Climate change and 42.1% of companies mention the Sustainable business models, Environmental economics and Social responsibility legislation.

The following skills and competencies were considered with slight importance:
- 23.7% of companies point to Transport (electric cars, hybrid cars, fuel cells, biofuels, international transport, maritime transport);
- 18.4% of companies mention Environmental engineering;
- 15.8% of companies indicate the MFA (material flow analysis); International politics and foreign policy; Systems engineering.

Below shown skills and competencies that were ranked as not so important for the SE (10.5% of companies), Energy efficiency and renewable energy, Life cycle assessment (LCA); Sustainable consumption/Sustainable procurement; Ecolabelling/sustainability labels; Circular economy; Supply chain analysis; Environmental economics.

Respondents are increasingly aware of the demands of the market, consumers and their workers. They are investing more in the sustainable certification of their products and in the qualification of their workers in order to become more competitive. 95% of the companies consider that the Sustainability Expert should hold a qualification. Over 60% said that a Sustainability expert should hold a qualification, either a higher degree/master of professional degree. In section 6, respondents had to express their opinion regarding online learning: 71% of the companies felt very confident or confident in online learning, and 29% answered “not confident”.

All answers were attentively interpreted and used to design the “Sustainability Expert” professional qualification profile for the Textile Sectors and the e-learning materials to train him. This person is recommended to:
- Have a bachelor’s degree, because he has to communicate and coordinate with management, shareholders, customers and employees to address sustainability issues.
- Develop, implement and evaluate programmes for the employers that support social, environmental, and economic sustainability objectives.
- Have outstanding skills in strategic planning, human resources management, and relationship-building.

The needed topics of training the employee for this new type of qualification are:
- Module 1 – Sustainable Management
- Module 2 – Environmental Performance
- Module 3 – Corporate Social Responsibility
- Module 4 – Circular Economy.

**THE ECO TEX PROJECT TRAINING PLATFORM**

The “Training Toolkit” fits the new qualification and targets all education and training entities and other agents related to training/employment (figure 6). The learning units/modules can be used separately for tailor-made training, and for other objectives in support of the implementation of sustainable manufacturing in textile and clothing SME’s.

The topics of the training platform is harmonised with the requirements of the European learning system. The courses/training units are developed with multidisciplinary modules, focused on [15]:
- Climate Change
- Circular Economy
- Certifications and Policies
- Manufacturing Systems
- Energy Management
- Environmental Legislation
- Sustainable Business Models.

The platform is developed and technically validated to make sure it accommodates all the needs identified. It enables users to have access to information and data for the enhancement of their skills, knowledge and competencies.

The Sustainability Expert course offers the learners long-term benefits of creating an efficient sustainability approach for their company/business, acknowledging the social and environmental impacts of production and consumption. On the platform, the users have the possibility to:
- Follow the modules corresponding to the learning paths;
- Build their own self-customised learning paths in order to fill in their own skill and knowledge gaps, selecting the modules they find more appropriate (figure 7).

The learners have available quizzes which evaluate the level of understanding, and if they get good scores to all quizzes, they will be able to get the certificate of Sustainability Expert.

![Fig. 6. ECO TEX project training platform [15]](image-url)
CONCLUSIONS

The ECO TEX project offers an instrument for training efficiently and adequately the staff of textile and clothing companies, in circular economy techniques and sustainability design and production. Thus, businesses and employers will not need to spend money, time and effort on, firstly, identifying the needed qualifications, skills and knowledge required for a competitive Sustainability Expert of the textiles sector, and secondly, for training their staff in order to be ready to meet the demands of internationalisation and competitiveness.

Moreover, the skills of the staff and business owners will be upgraded and matched directly to the labour market.

The content of the training units uploaded on the digital platform provides:

- the improvement and extension of high-quality learning opportunities, tailored to the needs of textiles and clothing industry;
- a new high-quality tool for training the staff of textiles SME’s in the new business model, the circular one;
- the possibility to establish close cooperation between formal education providers and businesses in order to increase the market relevance of the proposed training toolkit;
- the creation of awareness for the need of a sustainable manufacturing strategy;
- the exploitation of results through European, national and local networks and platforms, enterprises, business organisations, guidance organisations, as well as other relevant media, within and outside Europe;
- the enlargement of networking between the partners.

The ICT tools are there to train the users by applying EQF principles directly. The e-learning content was prepared in six European languages (English, Spanish, Romanian, Portuguese, Latvian and Greek), with video explanations and multiple-choice tests in each module. The project outcomes had a good impact on various category of staff in the textile sector, business owners in this industry, students in fields related to textiles and clothing sector, individuals with interest in joining the textile sector, who participated in the multiplier events and in the project pilot phase.

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